

## 2. Bedmond – Abbots Langley Walk

5km (3 miles).

This walk can be started either at Bedmond, where parking is available at the recreation ground or Abbots Langley (Antoinette Court).

From Bedmond: Turn down Toms Lane and take 3rd turning on the left – Meadow Way. At the end take the footpath leading half right across playing field to a gap in the hedge, then between fields and past the site of Sheppey's Farm to Sheppey's Lane. Turn right for 250m then turn left up a footpath which crosses the M25 by a bridge and continues behind Parsonage Farm (the former Ovaltine Dairy Farm) to a T-junction. Turn left to emerge on the Bedmond Road by the entrance to Antoinette Court.

Turn right along the road for 100m, then left along Love Lane. Continue through play area and through a footpath barrier in the bottom left corner, then downhill between hedges and across a field to East Lane. Cross the lane, through the kissing gate and take path opposite, which leads to a T-junction. Turn right for 200m then at a yellow arrow turn left uphill across a field to a track. Follow this across the M25.

Where the track turns left towards Tenements Farm, after about 50m take the **stile** on the right and continue across field, past a large oak, to a pair of **stiles** on another track behind the farm. Cross the track, the footpath then crosses the field, between two oaks, to a bridle gate on the edge of a wood. Follow the path through the wood (muddy in winter) and after 100m there is a path going left which follows a fence line and leads through a kissing gate.

Go through another gate and over a **stile** to the right, across the field and through 3 kissing gates and continue straight on through a small wood to Millhouse Lane. Turn left along the lane back to Bedmond.

